



Lourdes Physician Group Journal Club - 2026

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October 1, 2026 – 4:30 PM

Course Description

A structured meeting for the providers to gather and critically appraise and discuss recent medical literature. The goal is to stay current with evidence-based practices, enhance clinical decision-making, and promote lifelong learning.

Learning Objectives

Upon completion of this session, learners should be able to:

- 1 critically appraise the design, methodology, and statistical analysis of peer-reviewed medical literature
- 2 evaluate the validity and applicability of research findings to clinical practice
- 3 Integrate evidence-based recommendations into patient care to improve clinical outcomes.
- 4 identify limitations of biases in published studies and how they may impact interpretation
- 5 Enhance interprofessional communication through structured discussion and shared clinical perspectives.

Target Audience

Specialties – Adolescent Medicine, Allergy And Immunology, Anesthesiology, Audiology, Bariatric Surgery, Cardiology, Cardiothoracic Surgery, Colon And Rectal Surgery, Comprehensive Ophthalmology, Critical Care Medicine, Dentistry, Dermatology, Developmental-Behavioral Pediatrics, Diagnostic Radiology, Dietetics, Electrophysiology, Emergency Medicine, Endocrinology, Facial Plastic Surgery, Family Medicine, Gastroenterology, General Surgery, Geriatric Medicine, Gynecology, Hematology Oncology, Hospital Medicine, Hospice And Palliative Care, Hospice Medicine, Infectious Disease, Internal Medicine, Interventional Cardiology, Interventional Pain Medicine, Medical Genetics, Neonatology, Nephrology, Neurology, Neuropsychology, Neurosurgery, Non-Operative Pediatric Orthopedics, Nuclear Medicine, Obesity And Weight Management Nutrition, Obstetrics And Gynecology, Occupational Therapy, Optometry, Oral And Maxillofacial Surgery, Orthopedic Surgery, Otolaryngology, Pain Medicine, Pathology, Pediatric Allergy And Immunology, Pediatric Cardiology, Pediatric Critical Care Medicine, Pediatric Emergency Medicine, Pediatric Endocrinology, Pediatric Gastroenterology, Pediatric General Surgery, Pediatric Hematology Oncology, Pediatric Hospital Medicine, Pediatric Infectious Disease, Pediatric Neurology, Pediatric Nephrology, Pediatric Neurosurgery, Pediatric Orthopedic Surgery, Pediatric Otolaryngology, Pediatric Psychiatry, Pediatric Pulmonology, Pediatrics, Pediatric Sleep Medicine, Physical Medicine And Rehabilitation, Physical Therapy, Podiatry, Psychiatry, Psychology, Pulmonology, Radiation Oncology, Reconstructive Plastic Surgery, Rheumatology, Sleep Medicine, Social Work, Speech-Language Pathology, Sports Medicine, Structural Heart Disease Cardiology, Surgical Oncology,

Thoracic Surgery, Trauma Surgery, Undersea And Hyperbaric Medicine, Urgent Care, Urology, Vascular Surgery, Women'S Health, Wound Care, Other Professions – Physician, Nurse Practitioner, Allied Health Professional, Physician Assistant, Advance Practice Professional

Accreditation

Our Lady of the Lake Regional Medical Center is accredited by the Mississippi State Medical Association to provide continuing education for physicians.

Credit Designation

Our Lady of the Lake Health designates this Journal-based CME activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™].

Mitigation of Financial Relationships:

Our Lady of the Lake Health Office of Academic Affairs adheres to the Southern States CME Collaborative to provide accredited continuing education for physicians. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Whitney Busscher	Activity Coordinator	Nothing to disclose - 03/13/2026
Brody Leblanc, MD	Course Director, Faculty	

Acknowledgment of Commercial Support

This activity has received no commercial support.